SUNDAY, JUNE 21, 2026 FOUNDED ON TRUTH PUBLICATION NO. 078

The Essentials.

IDENTITY & DESTINY THEESSENTIALSEN.WORDPRESS.COM AVAILABLE IN FRENCH

ARTICLE #078 — IDENTITY & DESTINY

How to Come Out of the Desert

Summary · Sunday, June 21, 2026 · By Sonia Beguide

The desert is a mandatory path that God establishes to make us more useful in His hands. It is not, however, a place of residence. Apart from Joshua and Caleb, no one else came out of the desert in the generation of the children of Israel — which means coming out of the desert is not automatic and comes with prerequisites.

READING TIME: 4–5 MIN · LIRE EN FRANÇAIS

"The desert is a school of God. Not everyone survives the desert, because many die there."

— Dr Raoul Wafo, June 21, 2026

I — An unavoidable divine school

Exodus 13:17-18 reveals that God deliberately chose the longer path for His people, and Hosea 2:14 shows us that He draws us into the desert to speak to our hearts. This difficult season is not a punishment, but an intensive training orchestrated by the Creator Himself.

1. The desert helps us know God and what He is capable of.
2. Everything God does, He does through a process.
3. Many people walk with God but very few know what He is truly capable of.

The people of Israel, despite God's constant faithfulness, wanted to honor their false gods. This message invites us to honestly examine our own relationship with God.

II — 4 keys to coming out of the desert

Key #1 — Know God intimately. Exodus 32:25-35 tells the tragic story of the golden calf. Those who made it did so because they did not truly know God. Don't try to shortcut your time in the desert — you will regret it. Difficult moments come to reveal the authenticity of your calling.

> *"The desire to come out of the desert must be motivated by seeing God glorified, not by personal showing off."*
>
> DR RAOUL WAFO

Key #2 — Have unshakeable faith in God. Hebrews 11:6 affirms that it is impossible to please God without faith. If Jesus Christ, who was God, did not escape the desert, who are we? Being hungry is normal, but eating just anything is not.

> *"Hunger in the spiritual realm has a smell. Satan knows what you're hungry for!"*
>
> DR RAOUL WAFO

Deuteronomy 8:3-10 reveals that God humbles and tests us in the desert in order to do us good afterward. The origin of the bread is more important than the bread itself — don't admire other people's bread without asking where it came from.

Key #3 — Renew your system of thoughts. Numbers 13:33 and 14:1-4 reveal the destructive mindset that prevented an entire generation from entering the promise. We come out of Egypt in a day, but often it takes forty years for Egypt to come out of us.

1. Don't hide your journey — tell people where you've come from.
2. Don't settle for "close enough" when God has reserved abundance for you.
3. God considers not believing in His promise to be contempt toward His person.
4. We come out of the desert by a deliberate choice — it's up to you.

Key #4 — Recognize the deliverer God sends you. Isaiah 43:15-19 announces that God does new things. Moses allowed the people to come out of Egypt, but it was Joshua who was tasked with bringing them into the Promised Land. God will often send an instrument and an instruction to bring you out of the desert.

> *"If you don't know how to fast in the desert, when will you fast?"*
>
> DR RAOUL WAFO

Conclusion

Coming out of the desert is not a matter of time but of inner transformation. It is only a matter of mindset — everything happens in our heads, in our hearts. Not all deserts are works of darkness; some are divine schools where God forges champions. Faith is the most precious science for victoriously crossing this season.

When you cheat during the fast, you cheat against your own destiny! The desert is there to forge us, and every time we avoid certain steps in the training process, we knowingly or unknowingly compromise our destiny.

The choice is yours today: will you die in your desert like the unbelieving generation, or will you come out of it victorious like Joshua and Caleb? The desert is anything but easy, but let's hold on.

The desert is anything but easy, but let's hold on.

Sonia Beguide

theessentialsen.wordpress.com
theessentialsfr.wordpress.com